

With a 42 year history, Skid Control School has been helping drivers adopt safer driving habits since 1967. Here's 42 ways to be safer this winter.



1 Tune up your engine **2** Condition good daily driving habits all summer long for precise vehicle handling this winter **3** Hold steering wheel at 9&3 or 8&4 o'clock position for best overall control and stability

4 Keep a 3 second following distance

5 Increase following distance in adverse conditions **6** Brake smoothly and in straight lines for stability

7 Use hand-over-hand steering for best overall control

8 Keep an extra container of windshield washer fluid in the trunk

9 Keep enough escape space when stopped in traffic so you can escape into adjacent lane



10 Mindfully signal your intentions to other motorists **11** Square off left turns so you can accelerate out of turn in a straight line **12** Clear snow off all windows and roof **13** Always check mirrors before decelerating

14 Check mirrors each 5 seconds. After every 3 looks forward, look once behind.

15 Do a circle check before you get into your car **16** Keep clear of other drivers' hit zones. Pass through as efficiently as possible **17** Observe posted speed limits on all residential streets where stopping quickly for an emergency is a real risk **18** Always look in the direction of your travel when creeping forward to make a right turn or merge **19** Set the parking brake, even in an automatic **20** Invest in winter wiper blades **21** Position your seat so you have at least 25 cm between sternum and airbag **22** Visually inspect "left-right-straight" before every intersection, on approach and

before start-up. Inspect early enough and deep enough to make a difference **23** Lane change as smoothly as possible with the smallest steering input **24** Help other drivers out and your favour will find it's way back to you another time **25** Use full headlights every time you drive. **26** Keep a safety kit in your vehicle **27** Avoid stopping on the shoulder of a freeway except in absolute emergencies **28** Seatbelts on at all times for everyone with no exception **29** Use the "S" turn technique for safer left turns at island intersections **30** Keep front wheels pointed to safety when in waiting position for turns **31** Cover brake when in doubt for improved reaction time **32** Be aware of factors that



contribute to fatigue like stress, deadlines, colds & flu **33** Plan your route before setting out **34** Stop before the painted crosswalk or walk path **35** Master

42 Ways to be SAFER

this holiday

& all winter long

smooth control of braking and steering functions



36 If you drink, never drive afterwards **36** Keep a forward eye lead time of 2 blocks in the city, 15-30 seconds at highway speeds **37** Reverse to park or pull through to park so you can always drive forward to exit your parking spot **38** Scan aggressively between and around parked cars when traveling through parking lots **39** Check air pressure every 2 weeks and don't forget the spare. **40** Remember that ABS gives you the option to steer; target vision to where you want to go **41** "Big Picture" awareness is key to the "vision-decision-action" process **42** Be a pro-active driver and reap the safety rewards every time you drive